

Rialto Unified School District

Oct 1, 2024 thru Oct 4, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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Generated on: 9/30/2024 10:31:10 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/01/2024																
EL CLASSROOM BREAKFA	Total	5000														
BURRITO,Brkft.Br&Ch-Wh-Gr-2	EACH	5000	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
017																
GRAPES,Fresh PKG '23	serving	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			328	29	451	4.31	0.89	452.7	1014	1.84	25	18.61	43.61	8.46	4.19	0.00
% of Calories											30.1%	22.7%	53.2%	23.2%	11.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 10/02/2024																
EL CLASSROOM BREAKFA	Total	4950														
DOUBLE CHOC. BAR- 2017	1 EACH	4950	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4949	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			429	9	416	6.93	2.70	280.6	937	0.00	45	13.40	75.21	9.01	3.11	0.00
% of Calories											41.7%	12.5%	70.2%	18.9%	6.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 10/03/2024																
EL CLASSROOM BREAKFA	Total	4950														
Sndwich Chx & Sausage 2020	serving	4950	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			313	32	518	3.40	1.28	329.1	1130	123.62	26	17.76	43.64	6.55	2.69	0.00
% of Calories											33.9%	22.7%	55.8%	18.8%	7.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 *- denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans-Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Oct 1, 2024 thru Oct 4, 2024

EL CLASSROOM BREAKFAST #1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/04/2024																
EL CLASSROOM BREAKFA	Total	4950														
Concha, WG PINK-'24	1 each	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	4950	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			375	11	310	2.00	1.80	259.1	1110	30.01	41	14.06	67.64	6.15	1.59	0.00
% of Calories											43.4%	15.0%	72.1%	14.8%	3.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			361	20	424	4.16	1.67	330.4	1048	38.87	34 85.1%	15.96 17.7%	57.52 63.7%	7.54 18.8%	2.90 7.2%	0.00 0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	361		350 - 500	100%				
Cholesterol (mg)	20							
Sodium 1 (mg)	424		540	78%				
Fiber (g)	4.16							
Iron (mg)	1.67							
Calcium (mg)	330.4							
Vitamin A (IU)	1048							
Sugars (g)	34	37.83%						
Vitamin C (mg)	38.87							
Protein (g)	15.96	17.68%						
Carbohydrate (g)	57.52	63.72%						
Total Fat (g)	7.54	18.80%	<=30.00%					
Saturated Fat (g)	2.90	7.22%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Rialto Unified School District

Oct 7, 2024 thru Oct 11, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/07/2024																
EL CLASSROOM BREAKFA	Total	4950														
CINNAMON ROLL 2018	1 EACH	4950	289	5	142	3.08	1.03	24.3	382	0.4	*37	5.09	64.79	1.0	0.50	*0.00
Craisins 2020	servings	1	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
Craisins 2020	servings	4950	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			595	11	351	6.30	1.26	238.8	1379	0.52	*100	13.25	134.61	1.81	0.64	*0.00
% of Calories											*67.2%	8.9%	90.4%	2.7%	1.0%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 10/08/2024																
EL CLASSROOM BREAKFA	Total	5000														
OATMEAL CHOC-CHIP BAR-2017	1 EACH	5000	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
GRAPES,Fresh PKG '23	servings	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	servings	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			441	29	427	3.41	1.93	286.4	956	1.84	46	13.69	72.49	10.16	3.65	0.00
% of Calories											42.2%	12.4%	65.8%	20.7%	7.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 10/09/2024																
EL CLASSROOM BREAKFA	Total	4950														
Pancakes, Confetti Bites 2022	pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			420	19	397	6.63	3.86	285.7	1863	8.79	40	13.50	76.64	8.34	1.72	0.00
% of Calories											38.4%	12.9%	73.0%	17.9%	3.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Oct 7, 2024 thru Oct 11, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/10/2024																
EL CLASSROOM BREAKFA	Total	4950														
UBR - BRKFST CINN ROUND 2 020	1 EACH	4950	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			414	6	396	5.00	2.88	299.1	1090	123.62	39	13.06	65.64	10.15	2.59	0.00
% of Calories											37.4%	12.6%	63.4%	22.1%	5.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 10/11/2024																
EL CLASSROOM BREAKFA	Total	4950														
Concha, WG WHITE-'24	1 each	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Juice, apple 4oz. DW-2024	CARTONS	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	CARTONS	4950	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			375	11	311	2.00	1.80	249.1	1010	30.01	42	13.06	68.64	6.15	1.59	0.00
% of Calories											44.5%	13.9%	73.2%	14.8%	3.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			449	15	377	4.67	2.35	271.8	1260	32.96	*53 *107.1	13.31 11.9%	83.60 74.5%	7.32 14.7%	2.04 4.1%	*0.00 *0.0%
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 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Oct 7, 2024 thru Oct 11, 2024

EL CLASSROOM BREAKFAST #1

Generated on: 9/30/2024 10:31:30 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	449		350 - 500		100%												
Cholesterol (mg)	15																
Sodium 1 (mg)	377		540		70%												
Fiber (g)	4.67																
Iron (mg)	2.35																
Calcium (mg)	271.8																
Vitamin A (IU)	1260																
Sugars (g)	53	47.60%				Missing											
Vitamin C (mg)	32.96																
Protein (g)	13.31	11.86%															
Carbohydrate (g)	83.60	74.47%															
Total Fat (g)	7.32	14.68%															
Saturated Fat (g)	2.04	4.09%		<=30.00%													
Trans Fat ¹ (g)	0.00	0.00%		<10.00%		Missing											

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Rialto Unified School District

Oct 14, 2024 thru Oct 18, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/14/2024																
EL CLASSROOM BREAKFA	Total	5000														
Egg & Cheese Slider 2018	5000		150	60	370	1.00	0.72	150.0	200	0.0	3	10.0	17.0	5.0	2.00	0.00
Craisins 2020	1 servings		187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
Craisins 2020	4999 servings		187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			457	67	571	4.21	0.96	385.5	1128	0.12	65	18.30	85.98	6.16	2.35	0.00
% of Calories											56.9%	16.0%	75.3%	12.1%	4.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 10/15/2024																
EL CLASSROOM BREAKFA	Total	5000														
FRENCH TOAST BAR-2018	1 EACH	5000	290	25	200	3.00	1.80	40.0	105	0.0	21	5.0	47.0	9.0	2.50	0.00
GRAPES,Fresh PKG '23	1 serving		31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	4999 serving		31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			441	34	387	3.41	1.93	306.4	951	1.84	45	13.69	72.49	10.16	3.15	0.00
% of Calories											41.3%	12.4%	65.8%	20.7%	6.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 10/16/2024																
EL CLASSROOM BREAKFA	Total	4950														
Waffles, Fun N Fruti '24	4950 pkg		210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
Crisps, Apple-Strawberry '22	1 BAG		39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	4950 BAG		39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			369	41	496	3.93	1.08	217.1	1003	0.00	35	13.06	60.28	8.15	1.59	0.00
% of Calories											38.5%	14.2%	65.4%	19.9%	3.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Oct 14, 2024 thru Oct 18, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/17/2024																
EL CLASSROOM BREAKFA	Total	4950														
Donut, Super Bakery '22	1 EACH	4950	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			404	11	456	2.50	5.58	419.1	3020	153.63	40	13.06	56.64	11.15	3.09	0.00
% of Calories											39.3%	12.9%	56.1%	24.8%	6.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 10/18/2024																
EL CLASSROOM BREAKFA	Total	4950														
BANA CHOC-CHUNKY MONKE Y 2013	1 EACH	4950	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	4949	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			455	21	440	3.00	1.80	239.1	1185	30.00	56	14.06	81.64	8.15	3.09	0.00
% of Calories											49.0%	12.4%	71.8%	16.1%	6.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			425	35	470	3.41	2.27	313.4	1457	37.12	48	14.43	71.40	8.76	2.66	0.00
											102.2%	13.6%	67.2%	18.5%	5.6%	0.0%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	425		350 - 500		100%												
Cholesterol (mg)	35																
Sodium 1 (mg)	470		540		87%												
Fiber (g)	3.41																
Iron (mg)	2.27																
Calcium (mg)	313.4																
Vitamin A (IU)	1457																
Sugars (g)	48	45.42%															
Vitamin C (mg)	37.12																
Protein (g)	14.43	13.58%															
Carbohydrate (g)	71.40	67.20%															
Total Fat (g)	8.76	18.54%	<=30.00%														
Saturated Fat (g)	2.66	5.62%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Oct 21, 2024 thru Oct 25, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/21/2024																
EL CLASSROOM BREAKFA	Total	5000														
Cinnis, Mini 2.29oz 2017	pkg	5000	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Craisins 2020	servings	1	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
Craisins 2020	servings	4999	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			547	7	471	5.21	1.68	275.5	1003	0.12	77	13.30	107.98	8.16	1.85	0.00
% of Calories											56.3%	9.7%	79.0%	13.4%	3.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/22/2024																
EL CLASSROOM BREAKFA	Total	5000														
Muffins, DBL Choc. 2022	1 ea	5000	280	25	250	2.00	1.80	20.0	85	0.0	17	4.0	44.0	10.0	2.00	0.00
GRAPES,Fresh PKG '23	serving	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serving	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			431	34	437	2.41	1.93	286.4	931	1.84	41	12.69	69.49	11.16	2.65	0.00
% of Calories											38.5%	11.8%	64.5%	23.3%	5.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/23/2024																
EL CLASSROOM BREAKFA	Total	4950														
Cluster Brk, Whole Grain '22	1 EACH	4950	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			470	9	377	5.63	2.96	345.7	933	8.79	43	14.50	78.64	11.34	3.22	0.00
% of Calories											36.9%	12.3%	66.9%	21.7%	6.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Oct 21, 2024 thru Oct 25, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/24/2024																
EL CLASSROOM BREAKFA	Total	4950														
CEREAL,MALT-O,Marsh-Mateys 2017	BOWL	4950	220	0	370	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4949	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			374	9	556	5.00	18.18	470.6	1848	135.60	46	12.40	72.58	3.01	0.61	0.00
% of Calories											49.2%	13.3%	77.6%	7.2%	1.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 10/25/2024																
EL CLASSROOM BREAKFA	Total	4950														
BREAD,BANANA 2023	1 EACH	4950	163	19	84	1.41	0.57	12.9	44	1.99	*14	2.03	24.48	7.14	0.68	*0.00
Juice, apple 4oz. DW-2024	CARTONS	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	CARTONS	4949	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			338	25	305	1.41	0.57	222.0	1013	31.99	*48	10.09	59.12	7.29	0.77	*0.00
% of Calories											*56.8%	11.9%	69.9%	19.4%	2.0%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			432	17	429	3.93	5.06	320.0	1146	35.67	*51	12.60	77.56	8.19	1.82	*0.00
											*106.6	11.7%	71.8%	17.1%	3.8%	*0.0%

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Rialto Unified School District

Oct 21, 2024 thru Oct 25, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	432		350 - 500		100%												
Cholesterol (mg)	17																
Sodium 1 (mg)	429		540		79%												
Fiber (g)	3.93																
Iron (mg)	5.06																
Calcium (mg)	320.0																
Vitamin A (IU)	1146																
Sugars (g)	51	47.38%				Missing											
Vitamin C (mg)	35.67																
Protein (g)	12.60	11.67%															
Carbohydrate (g)	77.56	71.83%															
Total Fat (g)	8.19	17.07%			<=30.00%												
Saturated Fat (g)	1.82	3.79%			<10.00%												
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Oct 28, 2024 thru Oct 31, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/28/2024																
EL CLASSROOM BREAKFA	Total	4950														
POP TARTS,WG Blueberry 2018	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	76.0	5.0	2.00	0.00
Craisins 2020	servings	1	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
Craisins 2020	servings	4950	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			667	6	569	9.21	3.84	414.5	1998	0.12	93	12.16	145.83	5.81	2.14	0.00
% of Calories											55.6%	7.3%	87.5%	7.8%	2.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 10/29/2024																
EL CLASSROOM BREAKFA	Total	5000														
BURRITO,Brkft.Bn&Ch-Wh-Gr-2 017	EACH	5000	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
GRAPES,Fresh PKG '23	1 serving	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	1 serving	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			328	29	451	4.31	0.89	452.7	1014	1.84	25	18.61	43.61	8.46	4.19	0.00
% of Calories											30.1%	22.7%	53.2%	23.2%	11.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 10/30/2024																
EL CLASSROOM BREAKFA	Total	4950														
DOUBLE CHOC. BAR- 2017	1 EACH	4950	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4949	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			429	9	416	6.93	2.70	280.6	937	0.00	45	13.40	75.21	9.01	3.11	0.00
% of Calories											41.7%	12.5%	70.2%	18.9%	6.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Oct 28, 2024 thru Oct 31, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/31/2024																
EL CLASSROOM BREAKFA	Total serving	4950														
Sndwich Chx & Sausage 2020	4950		159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			313	32	518	3.40	1.28	329.1	1130	123.62	26	17.76	43.64	6.55	2.69	0.00
% of Calories											33.9%	22.7%	55.8%	18.8%	7.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			434	19	489	5.96	2.18	369.2	1270	31.40	47	15.48	77.07	7.46	3.03	0.00
											97.8%	14.3%	71.0%	15.5%	6.3%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	434		350 - 500	100%				
Cholesterol (mg)	19							
Sodium 1 (mg)	489		540	90%				
Fiber (g)	5.96							
Iron (mg)	2.18							
Calcium (mg)	369.2							
Vitamin A (IU)	1270							
Sugars (g)	47	43.45%						
Vitamin C (mg)	31.40							
Protein (g)	15.48	14.27%						
Carbohydrate (g)	77.07	71.03%						
Total Fat (g)	7.46	15.47%	<=30.00%					
Saturated Fat (g)	3.03	6.29%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.